

# ***SALOMON*** ***RUN*** ***BARCELONA 2025***



## **PARTICIPANTS' GUIDE - APRIL 13TH 2025**

TITLE SPONSOR

***SALOMON***

OFFICIAL SPONSOR

**atlàntida**  
ASSEGURANCES  
Salut! (de l'a a la z)

 **nutrisport.**

OFFICIAL MAPPING

**wikiloc**

SUPPORTED BY



ORGANIZER

**oci** **OCISPORT**  
OUTDOOR EXPERIENCES

 Cursa Salomon Run Barcelona

+ info y inscripciones

[www.salomonrunbarcelona.com](http://www.salomonrunbarcelona.com)



# CALENDAR **RUN** 2025

13  
APR

## **SALOMON RUN BARCELONA**

BARCELONA  
ROAD



24  
MAY

## **IGUALADA URBAN RUNNING**

IGUALADA | BARCELONA  
ROAD



27-29  
JUN

## **GARMIN MOUNTAIN FESTIVAL**

VALL DE BOÍ | LLEIDA  
FESTIVAL



19-20  
JUL

## **MOUNTAIN FESTIVAL COMAPEDROSA**

LA MASSANA | ANDORRA  
TRAIL



8  
NOV

## **XTERRA CURSA DE L'ALBA**

COLLBATÓ | BARCELONA  
TRAIL



**MORE INFORMATION**



AERO GLIDE 3 GRVL

**LET GO.  
ANYWHERE.**

Gravel running

***SALOMON***



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**wikiloc**

Accede a las rutas oficiales  
de OCISPORT RUN en Wikiloc





01

# SALOMON RUN BARCELONA

## SALOMON RUN BARCELONA + SALOMON VERTICAL BARCELONA

- Do you want to run around Barcelona in a different way? The Salomon Run Barcelona gives you the opportunity to run in corners where you can't usually access. Come and enjoy our city and its surroundings as you advance up slopes, hundreds of stairs and the different emblematic points where the race runs. Come and discover some of the corners that the magical mountain of Montjuïc has to offer. Do you want to get to know the less urban side of the city?

Get ready to experience the Salomon Run Barcelona! A different race.

- The most explosive and unique race in Barcelona is back. If you want to experience the intensity of the SALOMON RUN VERTICAL in person and feel how life accelerates in a monumental environment.

32 women and 32 men, previously selected, to run the stairs of Montjuïc.

Let's run!

Web: [www.salomonrunbarcelona.com](http://www.salomonrunbarcelona.com)

Facebook: @Cursa Salomon Run Barcelona

Youtube: OcisportTV



**SALOMON**

**20% DISCOUNT**  
in Road Running gear



### TUESDAY 8TH TO THURSDAY 10TH APRIL

10:00h a 21:00h Bib pick-up

[SALOMON STORE BARCELONA](#) Rambla de Catalunya

### FRIDAY 11TH APRIL

10:00h a 19:00h Bib pick-up

[SALOMON STORE BARCELONA](#) Rambla de Catalunya

### SATURDAY 12TH APRIL

10:00h a 19:00h Bib pick-up

Plaça Puig i Cadafalch, Barcelona

### SUNDAY 13TH APRIL

Plaça Puig i Cadafalch, Barcelona

07:00h a 08:30h

Bib pick-up

09:00h

Start SALOMON RUN BARCELONA 5K

09:10h

Start SALOMON RUN BARCELONA 5K FAMILY

09:30h

1st Start SALOMON RUN BARCELONA 10K

09:40h

2nd Start SALOMON RUN BARCELONA 10K

09:50h

3rd Start SALOMON RUN BARCELONA 10K

10:30h

Prize awards 5K

10:40h

Prize awards 10K

11:00h

Start VERTICAL SALOMON RUN

The CLOAKROOM is open on Sunday 13th  
from 7:00h to 12:00h (only for participants)





### *What's included?*

- Bib number.
- Commemorative headband of the event.
- Wikiloc gift.
- Cloakroom ticket.





**SALOMON**  
TOMORROW IS YOURS

### *Where to pick it up?*

SALOMON STORE BARCELONA  
Rambla de Catalunya, 54, Baixos 1a

RACE OFFICE MONTJUÏC  
Plaça Puig i Cadafalch

### *How to pick it up?*

1. Show the QR code that confirms your registration, which you will receive in the confirmation email when you signed up.
2. Show your ID / NIE / Passport to the staff. If you are picking up another person's bib, you will need their ID and a document proving their registration.
3. Pick up your race number and verify your details.
4. Get ready to tackle the steps of Montjuïc and have a great time!







### *How to wear it?*

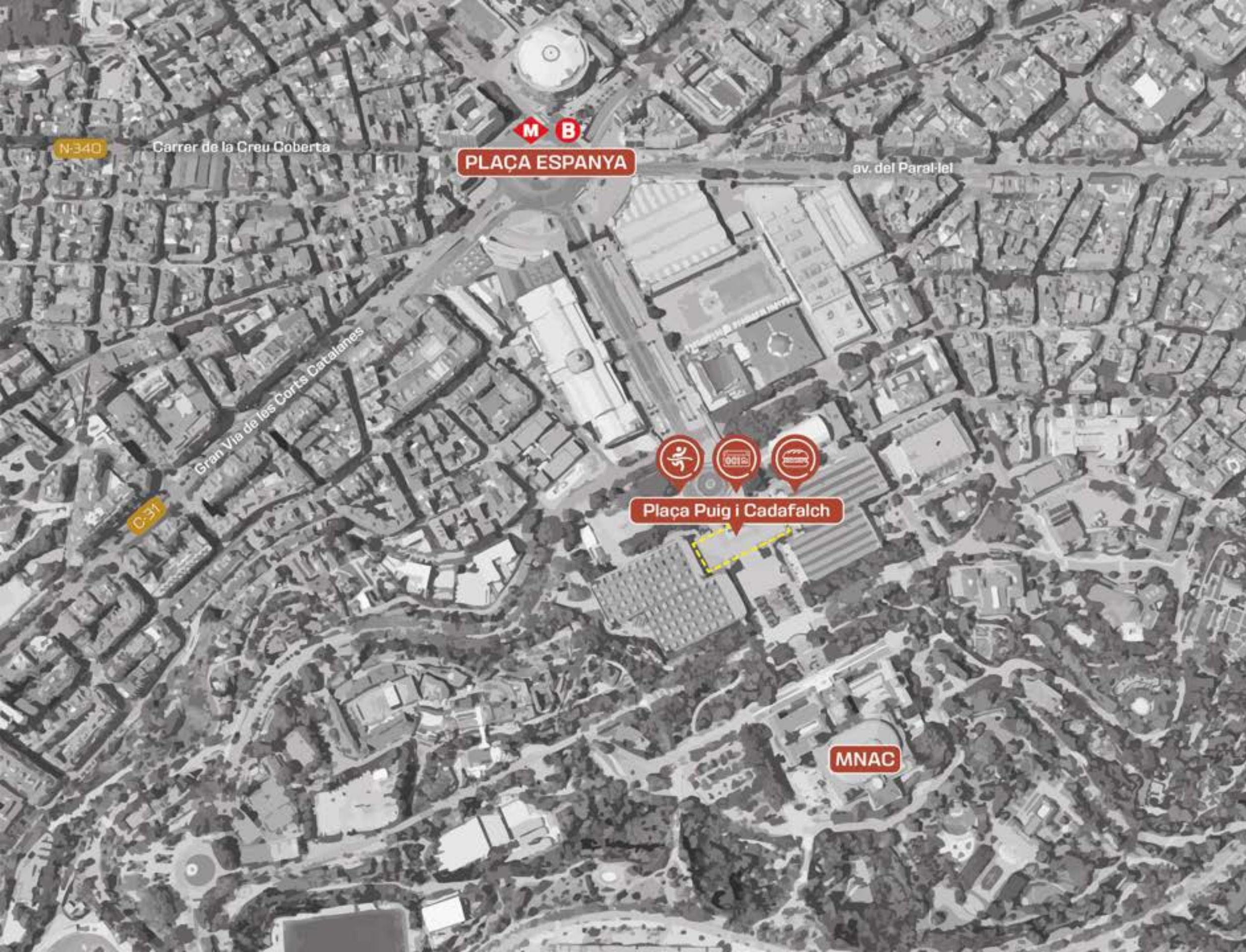
To enjoy the Salomon Run Barcelona 2025 to the fullest, remember your bib is your accreditation as a runner, **keep it visible at all times, always on the front until you cross the finish line.** If it's not visible, your ranking may be affected, and the timing may be disrupted.





# MONTJUÏC

Barcelona




## How to get there

Being an area of the **center of Barcelona**, we recommend accessing by public transport

### BY METRO

 **L3** Espanya Link with other lines

 **L1** Espanya Link with other lines

### BY TREN

Lines Llobregat-Anoia

 **L8**  **S3**  **S4**  **S8**  **S9**  **R5**  **R60**  **R6**  **R60**

### BY BUS\*

Line 23 bus - Pl. Espanya / Parc Logístic

Line 150 bus - Pl. Espanya / Castell de Montjuïc

\*link with other lines





# MONTJUÏC

Barcelona

*Sunday 13th APRIL*

BIB PICK UP  
07:00h - 08:30h

## PARTICIPANT'S AREAS OF INTEREST

-  Start zone  
Finish zone
-  BIB pick up
-  Final aid station
-  Physiotherapy service
-  Village zone  
stands
-  Toilets  
toilets will be set up





— ¡Salud!  
(de la ã a la z)

UP TO  
**20%**  
FAMILY  
DISCOUNT



INFINITY SPORT

The medical insurance that brings you the Salomon Run Barcelona 2025.

- Annual sports medical check-up: cardiac stress test and electrocardiogram.
- 10 physiotherapy sessions per year after sporting events.
- Home recovery service for severe injuries (30 hours).
- Biomechanical footprint analysis.
- Specialized nutritionist.
- Rehabilitation with sports physiotherapists.

—  
aTLāNTida

¡Salud! (de la ã a la z)



04

## START BOXES

ACCESS TO BOX: 8:45h

START 5K: 9:00h

START 5K family: 9:10h

5K





04

## START BOXES

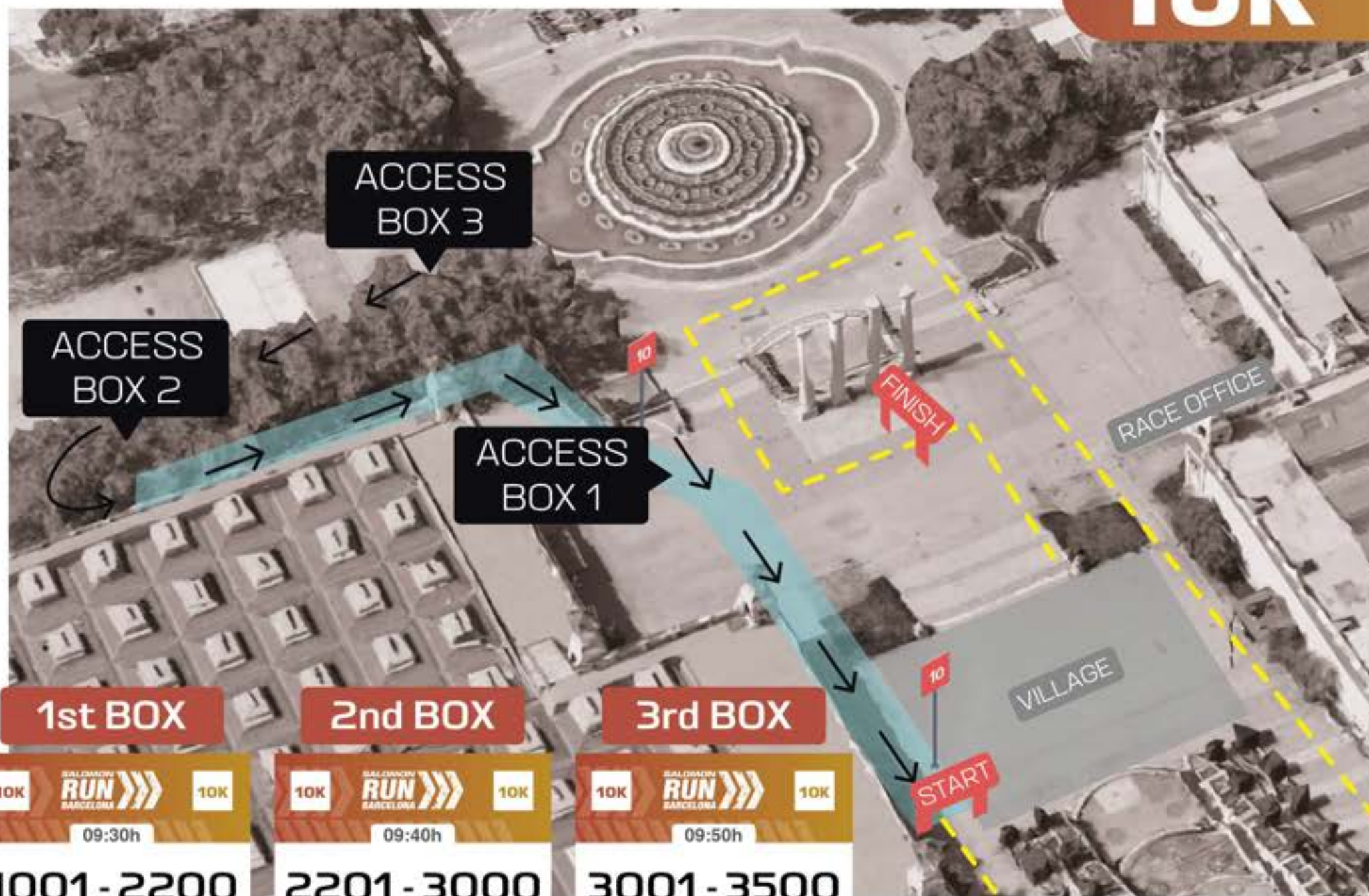
ACCESS TO BOXES: 9:10h

START BOX 1: 9:30h

START BOX 2: 9:40h

START BOX 3: 9:50h

10K



1st BOX

2nd BOX

3rd BOX



1001 - 2200

2201 - 3000

3001 - 3500

SALOMON

SALOMON

SALOMON





**5K**

**114 M+**  
**114 M-**  
max. height **102m**

**START**  
Plaça Puig i Cadafalch  
9:00h



**FINISH**  
Plaça Puig i Cadafalch



**AWARDS CEREMONY**  
10:30h



## What's included?

- COMMEMORATIVE GIFT OF THE RACE
- BIB NUMBER
- FINAL REFRESHMENT AT THE FINISH LINE
- SIGNPOSTED ROUTE
- TIMING SERVICE
- MEDICAL SERVICES
- PHYSIOTHERAPY SERVICES







## 5K FAMILY

**114 M+**  
**114 M-**  
max. height **102m**

**START**   
Plaça Puig i Cadafalch  
9:10h

**FINISH**   
Plaça Puig i Cadafalch

### What's included?

- COMMEMORATIVE GIFT OF THE RACE
- BIB NUMBER
- FINAL REFRESHMENT AT THE FINISH LINE
- SIGNPOSTED ROUTE
- TIMING SERVICE
- MEDICAL SERVICES
- PHYSIOTHERAPY SERVICES





# SALOMON

5K / FAMILY

FINISH   
START 



Fira de Barcelona

CaixaForum  
Barcelona

Font Màgica  
de Montjuïc

Poble Espanyol

MNAC

Jardins de  
Joan Maragall

Jardí Botànic Històric

Anella Olímpica

Estadi Olímpic  
de Montjuïc

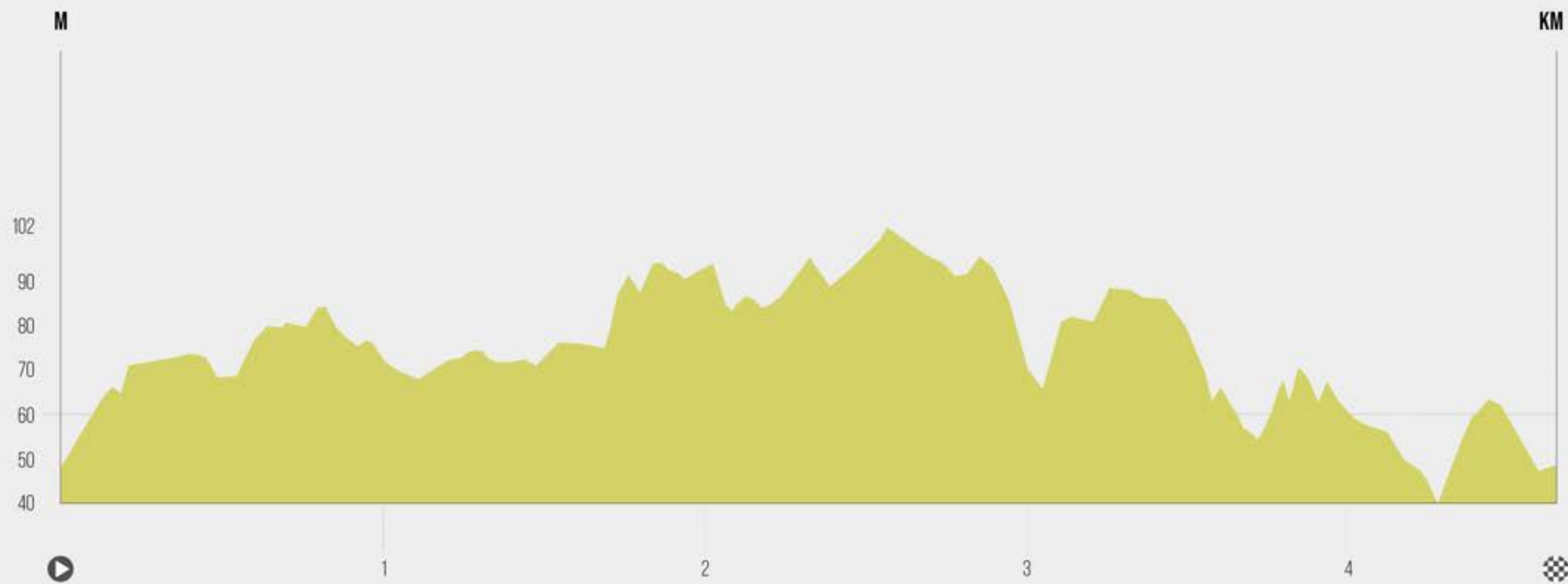
Palau  
Sant Jordi

Teatre  
Grec

Fundació  
Joan Miró

Jardí Botànic  
de Barcelona









10K

238 M+  
238 M-  
max. height 114m

START 1ST BOX  
Plaça Puig i Cadafalch  
9:30h



START 1ST BOX  
Plaça Puig i Cadafalch  
9:40h



START 3RD BOX  
Plaça Puig i Cadafalch  
9:50h



FINISH  
Plaça Puig i Cadafalch



AWARDS CEREMONY  
10:40h



What's included?

- COMMEMORATIVE GIFT OF THE RACE
- BIB NUMBER
- LIQUID REFRESHMENTS ALONG THE ROUTE
- FINAL REFRESHMENT AT THE FINISH LINE
- SIGNPOSTED ROUTE
- TIMING SERVICE
- MEDICAL SERVICES
- PHYSIOTHERAPY SERVICES







CaixaForum  
Barcelona

Font Màgica  
de Montjuïc

FINISH  
START

Poble Espanyol

MNAC

Teatre  
Grec

Fundació  
Joan Miró

Jardins de  
Joan Maragall

Jardí Botànic Històric

Anella Olímpica

Estadi Olímpic  
de Montjuïc

Palau  
Sant Jordi

Jardí Botànic  
de Barcelona

Castell de Montjuïc

10  
KM







Felicidad.  
**Es lo que  
sientes.**





# SALOMON VERTICAL BARCELONA

SALOMON

**72 STEPS**

**4 ELIMINATORY**

**64 PARTICIPANTS**

32 WOMEN / 32 MEN

**BIB PICK UP**

Plaça Puig i Cadafalch

10:30h



**START**

Plaça Puig i Cadafalch

11:00h



**AWARDS CEREMONY**

at the end of the race





# Your photos straight to your smartphone

## How it works



**Go to  
getpica.com**  
and create  
your account



**Enter  
your code**  
printed close to  
the race number



**Look at  
your photos**  
and share them  
with your friends

1

2

