

# SALOMON RUN BARCELONA REGULATION 2025

## 1. THE RACE

The Salomon Run Barcelona is a Running sports event that has several races of different distances: 10K, 5K, FAMILY 5K and a vertical race.

The Salomon Run Barcelona is a running race up the mountain of Montjuïc, passing through stairs, parks, streets and corners of this emblematic space in the city of Barcelona.

The route will be 5km and 109m of elevation gain or 10km and 299m of elevation gain with sections of stairs, sections of dirt, sections of asphalt and sidewalks with some sections of steep slopes both uphill and downhill.

**Family Race:** The itinerary will be the same as that of the standard 5K distance, adapted so that all members of the family can enjoy it at their own pace.

It is necessary to run the race, but the option of walking in the most complicated sections is allowed.

The day will end with the Vertical Salomon Run race.

## 2. REGISTRATION

Registrations can be made online through the website:

[www.salomonrunbarcelona.com](http://www.salomonrunbarcelona.com).

Registration includes: bib number, timing, medical services, liquid refreshments in the race and liquid and solid refreshments at the end of the race, and commemorative gift.

### **FAMILY 5K:**

#### **Exclusive participation for families:**

This modality is intended exclusively for family groups composed of 2 to 8 people.

Each group should include at least one adult and one child.

#### **Registration requirements:**

The minor's surname must match that of the adult who registers him, as a requirement to validate the registration.

**The bib pick-up** will be made as follows:

Those registered will be able to pick up the bib at the Salomon store in Barcelona (Rambla Catalunya, 54) from April 8 to 11, at the following times:

- Tuesday 8: between 11:00 and 21:00
- Wednesday 9: between 10:00 a.m. and 9:00 p.m.
- Thursday 10: between 10:00 a.m. and 9:00 p.m.
- Friday 11: between 10:00 a.m. and 3:00 p.m.

The rest of the registered will be able to pick up the bib in the Puig y Cadafalch square in Montjuic (start/finish area), Saturday, April 12 or on the day of the race, in the registration tent.

It is necessary that all participants wear the bib in front of them in a visible place. The organization will provide safety pins.

### **3. ETHICS AND VALUES:**

Salomon Run Barcelona is based on ethics and core values shared by runners, sponsors, volunteers and organisers. And this commitment is certified with the Biosphere seal.

<https://www.biospheresustainable.com/en/community/ocisport/2594>

#### **3.1 Eco-responsibility**

Do not leave rubbish in nature, use the available containers, respect the flora and fauna, and strictly follow the marked route without using shortcuts. The organisation will use, whenever possible, reusable or recyclable material and will proceed with selective collection (batteries, paper, plastic, etc.). The marking of the route, carried out on foot, will be collected on the same day. The course will be cleaned immediately after the last runner. Communication on paper will be kept to a minimum, prioritising electronic support.

#### **3.2 Solidarity**

The respect of the runners, volunteers, sponsors and the public are essential elements of the Salomon Run Barcelona.

### **4. CONDITIONS OF PARTICIPATION**

4.1. Minimum age is 16 years old (completed on the day of the test).

4.2. Registration: To have registered correctly. The fact of registering shows the participant's agreement with these regulations.

4.3. Material: Each runner will have to carry the material that he or she thinks is appropriate to withstand the conditions of the race depending on their conditions, the weather and the route.

#### **MATERIAL A (mandatory)**

- Sports shoes that fully cover the foot.

#### **MATERIAL B (according to weather forecast)**

- Cap, tubular or similar piece.

#### 4.4. Insurance:

4.4.1 The organization will have third-party liability insurance in force according to current regulations.

4.4.2 Participants must have a minimum accident insurance that covers the activity. Participants who do not have a federation license for this modality or another type of insurance will have to take it out at the time of registration.

#### 4.5 Categories and awards

3 male and 3 female categories are proposed for each distance, with the following age distribution: Junior (16-18 years old), Absolute, Master (over 40 years old).

There will be a trophy for the first three classified in each category and distance.

#### **FAMILY 5K**

**Non-competitive nature:** The 5K Family is not a competitive event; the objective is to enjoy the course in a family and recreational environment. No official classifications or times will be awarded.

#### 4.6 Money-back guarantee

The organization offers a Money Back Guarantee according to which 100% of the registration fee will be refunded to all those runners who have contracted this service at the time of registration, by notification up to 7 days before the race.

### **5. CANCELLATION OF REGISTRATION**

5.1 Cancellation conditions: Any cancellation of registration must be made by email to: [hola@ocisport.net](mailto:hola@ocisport.net). Cancellations by telephone will not be accepted. The payment of the refund of the registration will be made by credit to the card used at the time of registration, in accordance with the following conditions.

<b>Date of application</b>	<b>Refund Percentage</b>
Up to 30 days in advance	80%
29 to 15 days	50%
14 to 8 days	25%
Less than 8 days	0%

### **6. RESPONSIBILITIES**

6.1 Participants and organisers are subject to compliance with Royal Decree 1428/2003, of 21 November, which regulates the General Traffic Regulations, and more specifically article 14 of annex 2.

6.2 Participants accept the regulations and exempt the organisers from all liability in the event of an accident or material or bodily injury suffered during the competition, before or after the competition.

6.3 Participants compete at all times under their own free will. Thus, they are informed that participation in this sporting event implies a risk of injury to the participants, from minor injuries to death. Any type of damage suffered during the race, taking as an example and without being exclusive of others, those caused by falls (whatever the reason), run over, health problems derived from the practice of sport, diseases, fainting, injuries (whatever their severity) caused by fauna or flora, etc., or damage to the material including loss, destruction, breakage, theft or loss, due to sports accidents or due to the dynamics of the activity itself.

6.4 It will be the obligation of the participants to progress safely at all times, they feel responsible for their actions and those responsible for assuming the risk of the activity and the environment. This type of competition, as it takes place in the natural environment, in places that are difficult to control and access, implies an additional risk for the participants. By virtue of this, the participants attend at their own will and initiative, feeling aware and assuming the risks and consequences inherent to participating in this event.

## **7. SAFETY**

7.1 The organization will place, at certain points of the route and at the controls of specialized personnel in charge of ensuring the safety of the participants. It is mandatory to follow the instructions of these personnel who will be suitably identified.

7.2 Medical personnel and ambulances will be available at strategic points along the route to intervene if necessary. These places of medical assistance will be indicated on the official map of the race.

7.3 There will be a sweeping team in charge of closing the race and collecting all the marks of it, after its passage. Whereby if a participant has been overtaken by the sweeping team, he will not find marks.

7.4 In the event of adverse weather conditions or force majeure, the organization reserves the right to suspend, neutralize or modify the time slots and/or the route and refreshments. In this case, the registration fee will not be refunded.

## **8. RACE DIRECTION**

8.1. Race directors and competition referees may withdraw a runner from the competition when they consider that his physical or technical capacities are diminished due to fatigue, he does not have the mandatory equipment, or his conditions are not appropriate to continue in the race.

8.2. The competition jury may suspend, shorten, neutralise or stop the race, for safety or force majeure reasons beyond its control (weather, external causes, etc.).

8.3. The Commissioners of the CPs are responsible for the Obligatory Passage Control Points. Participants will not be able to complain or question the stewards about the regulations, classifications and itineraries.

8.4. The organization reserves the right to modify the regulations of the race or suspend them, in the event of an eventuality or cause of force majeure.

## **9. CONTROLS**

9.1 All Checks are mandatory. The participants are responsible for recording their passage through each of them and by goal. The loss of the chip or deterioration implies the corresponding penalty. At the controls there will be personnel from the organization.

9.2 All the mandatory checkpoints will be marked on the map, but there may be other controls that are not included in the route. All Controls have the same mandatory validity, so not going through one of them implies the corresponding penalty.

9.3 The route between controls must be made following the marked markings and in the established direction. For safety, sportiness and environmental reasons, you cannot leave the marked route.

## **10.START/FINISH CONTROL**

10.1 Prior to departure, a control will be carried out to be able to access the closed starting area:

- Verification of bibs.
- All or part of the mandatory material may be verified by the referees.
- Participants who do not provide the mandatory material, or who present it unusable or defective, will be subject to the corresponding penalty.

10.2 After crossing the finish line, a control will be carried out to leave the closed finish area: All or part of the mandatory material may be verified by the referees.

## **11. BACK PROTECTORS**

11.1 An identity document with a photograph is required to be able to pick up the bib. In no case may the bib number be changed with a third person. In no case will the bib number or gifts be sent to the runner's home if they have not participated in the race.

11.2 Participants will have to wear the bib number provided by the organization at all times. The bib number must be placed on the front and must always be visible, it cannot be cut, folded, covered or modified.

## **12.FINISHER**

All participants who finish the distance in which they registered for the race within the established time will be considered Finishers.

## **13.IMAGE RIGHTS**

By registering, all participants renounce the use of their image rights and authorize the organization and its sponsors to freely use and publish any photograph or video recorded in the context of the race.

## **14.TIMING**

14.1 It is mandatory to pass correctly through all the control points provided for this purpose, including the start and finish line.

14.2 If the race has to be interrupted and suspended at a point on the course, the classification will be determined according to the order and time of arrival at the point of interruption or, if not, at the last control carried out.

## **15.METEOROLOGY**

In case of adverse weather conditions or force majeure, the organization reserves the right to suspend, neutralize or modify the time slots and/or the route and refreshments. In this case, the registration fee will not be refunded.

## **16.DROPOUTS**

16.1 Volunteers: Except in the case of injury, it is only possible to abandon at a checkpoint. If this point is not accessible by vehicle, the runner will have to access the nearest evacuation point by their own means. It is forbidden to leave the marked route without having informed the organization and without being duly authorized. Clocking in is mandatory if it is a timing checkpoint.

16.2 Obligated: The organization may momentarily stop a runner or force him to abandon the race if it considers that his condition endangers his physical integrity or safety.

## **17.PENALTIES**

17.1 A three-minute penalty may be applied until disqualification:

- Throw garbage outside the control areas (100m +/-);
- Receive any assistance in unauthorized areas (not at specified points such as emergency sites);
- Not following the route signs, voluntarily or not;
- The bib is not visible or has been tampered with;
- Falsifying the output;
- Do not go through the mandatory checkpoints;
- Unsportsmanlike behavior: not assisting another competitor who needs assistance;
- Not carrying or using the required material;
- Not respecting the instructions of the organizers or the judges.

17.2 Disqualification will be applied for:

- Not participating in the awards ceremony without justified cause;
- Refusing to submit to anti-doping tests or giving a positive result in an anti-doping test.

## **18.CLAIMS**

18.1 They must be written and ratified with the name and bib number of the claimant at the finish line or in the publication of the provisional results. A deposit of up to €20 may be required and will be refunded if the case is accepted. Complaints can be made up to one hour after the publication of the provisional results.

## **19.SPECIFIC REGULATIONS**

19.1 These regulations are generic to the Salomon Run Barcelona event and affect all races that take place.

19.2 Each race may have its own specific regulations where more technical aspects of the regulations are specifically defined and is an extension of these regulations in relation to cut-off times, maximum race time, mandatory equipment and categories.